



**RLTC**

**ROUNDHAY**  
**TENNIS CLUB**

**WELCOME TO  
YOUR RLTC  
MEMBERSHIP!**



[fb.com/roundhaytennisclub](https://fb.com/roundhaytennisclub)



[@roundhaytennis](https://twitter.com/roundhaytennis)



[@roundhaytennisclub](https://www.instagram.com/roundhaytennisclub)

[WWW.ROUNDHAYTENNIS.ORG.UK](http://WWW.ROUNDHAYTENNIS.ORG.UK)



# RLTC Code of Conduct

## Court Etiquette

We are all keen to enjoy our sport so we have just a simple Ground Rule to make the playing experience more enjoyable for all and that is 'Keep it clean!'.

The 'it' being:

- the courts,
- your language and
- your play.

Don't cross the back of courts whilst a point is in play. If you're waiting off make sure it is in a safe place.

Leave the courts, clubhouse and grounds free of litter, collect in tennis balls for other players to use and don't let the frustrations of the game make you an unpleasant person to play with.

## Social Tennis

There are many sessions through the week to join in playing social tennis. Please check the website to see which is the most appropriate sessions for you to attend.

New balls are provided by the club weekly for these sessions.

Juniors are welcome to social sessions by invitation of their coach or a committee member and have the same playing rights as adults.

If you are the last person to leave the clubhouse lock the door and gates. If you aren't the last person to leave make sure whoever is left has the means to lock up.

If you are playing with a non-member then you must contact roundhaytennis@gmail.com to pay a visitor fee for them.

## Respect and Behaviour

All club members and parents of juniors must show tolerance, courtesy, good manners, fairness, honesty and integrity in their dealings with Club members, officials, playing and social visitors.

## Equality

The club is opposed to discrimination in any form. All Club members have the responsibility to make everyone feel welcome and to ensure that membership of the club is a positive experience.

## Safety and Responsibility

All Club members will act responsibly and look to protect and ensure the safety of everyone at the Club at all times. Particularly consider the well-being and care of junior players and visitors.

## Fair Play

All Club members will respect the rules of tennis and address disputes with dignity and appropriate language.

## Club Reputation

All club members should endeavour to protect and further the Club's good reputation at all times. When representing the Club, all players and officials will observe the principles in the Code of Conduct.



# Playing Tennis At RLTC

## Adults

There are many opportunities at RLTC to play both social and competitive tennis at a wide range of standards.

### Social Tennis

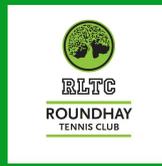
There are 8 social tennis sessions per week which are mixed unless otherwise stated. You can sign up for a social session via the website or follow the QR code on this page. All sessions are free for members except Walking Tennis (price TBC) as this is coach led.

Monday 6:00pm - 7pm: All Standard Early Bird Ladies Tennis  
Monday 7:00pm - 8:30pm: All Standard Ladies Tennis  
Tuesday 9:00am - 11:00am: All Standards Mixed Tennis  
Wednesday 9am - 12pm: All Standards Mixed Tennis  
Wednesday 6:00pm - 8:30pm: All Standards Mens Tennis  
Thursday (Time & Cost TBC): NEW Walking Tennis  
Friday 6:00pm - 8:30pm: All Standards Mixed Tennis  
Saturday 2pm - 4:30pm: Lower Teams and Improver Tennis  
Sunday 9am - 11:30am: Higher Teams and Advanced Mixed Tennis

### Competitive Tennis

For competitive tennis we have twelve teams competing against other clubs in both local and county leagues. If you wish to play competitive tennis we will have a team to match your ability, and over the seasons we adjust the number of teams to cater for the number of players wishing to play club matches.





# Playing Tennis At RLTC

## Adults continued....

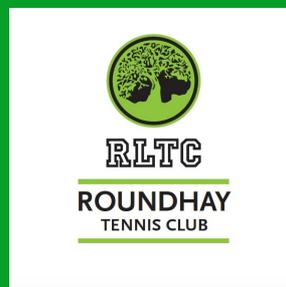
### Organising Your Own Games

To book courts to play your own organised games you can visit the website and follow the links or scan the QR code on this page. If playing with a non-member then a guest fee will be charged. Please email [roundhaytennis@gmail.com](mailto:roundhaytennis@gmail.com) to arrange payment for your guest.

### Adult Coaching

There are also a number of adult coaching sessions available to attend. There are regular weekly group lessons, team practices and individual lessons available to book. Our coaching team led by Paul Johnson can help direct you to the most appropriate sessions for your standard.





# Playing Tennis At RLTC

## Juniors

There is a strong junior membership of over 100 players at RLTC. Most juniors attend weekly coaching with our coaching team. Paul Johnson can advise on the best sessions for your juniors.

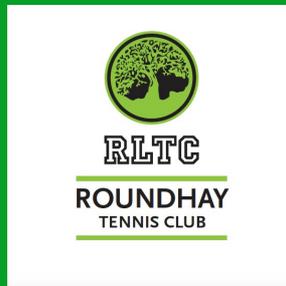
As well as coaching juniors can book courts to play with other members of the club. If you're wanting to play tennis with your junior at the club then you too must be a member.

Courts can be booked via the links on the website.

Some juniors might be invited to join in the adult social tennis sessions or the adult teams when they reach the appropriate standard.

There are many junior teams that play in the junior local leagues, there are also tournaments arranged within the club and opportunities for match play.





# Coaching At RLTC

We pride ourselves in high quality tennis lessons for players of all ages at every stage of development.

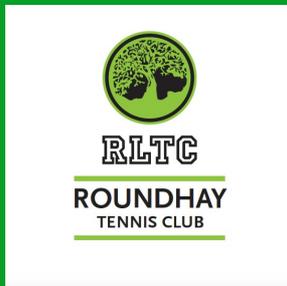
## Adults

We have weekly lessons from beginner to Team standard. Weekly coaching sessions run on Tuesdays and Thursdays, these are Beginner to Intermediate level. There are also bespoke sessions available for the Team players, which are organised outside of these times through the team captains. There is also the option of Cardio Tennis on a Monday night, this is pay & play, and designed to give a great workout while having fun hitting tennis balls.

## Juniors

This ranges from ages 3 to 18, split up into four age groups (Mini Red, Mini Orange, Mini Green, and Junior). The weekly sessions are for all levels, within each session players are split up based on ability, and with most sessions having at least two coaches the sessions are tailored to the players. On a Saturday afternoon we have invitation only sessions for those players showing higher levels of commitment and with the potential to go onto competitive tennis outside of the club. On a Sunday we have Matchplay sessions for all Mini Tennis players, designed to introduce the players to fun, informal competition, and to give them more time on court to speed up development.





# Coaching Timetable RLTC

	Monday	
4-5pm	Blue/Red (8&U)	
5-6pm	Orange (9&U)	Green (10&U)
6-7pm	Yellow (18&U)	
7-8pm	Cardio Tennis	

Tuesday	
Blue/Red (8&U)	Orange (9&U)
Yellow B (18&U)	Green (10&U)
Yellow A (18&U)	
Adult Beg/Imp	Adult Int/Adv

	Thursday	
9-10am		
10-11am		
11-12pm		
12-1pm		
1-2pm		
2-3pm		
3-4pm		
4-5pm	Blue/Red (8&U)	
5-6pm	Orange (9&U)	Green (10&U)
6-7pm	Yellow (18&U)	
7-8pm	Adult Beg/Int	

Saturday	
Blue/Red (8&U)	Red Advantage (8&U)
Orange (9&U)	Green/Yellow (14&U)
Yellow (18&U)	Green Adv (10&U)
	Orange Adv (9&U)
Yellow Adv (18&U)	

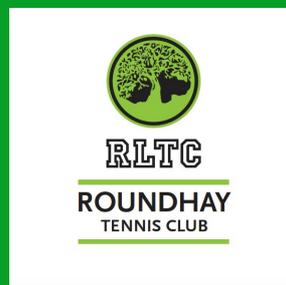


Head Coach Paul Johnson

Contact : [roundhaytccoaching@icloud.com](mailto:roundhaytccoaching@icloud.com)

07747 503338

<https://www.roundhaytennis.org.uk/coaching>

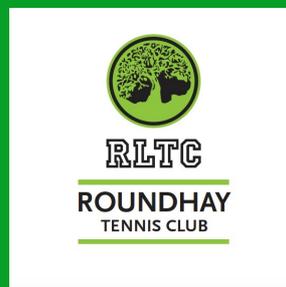


## Social Events At RLTC

We have regular social events throughout the year. These include curry nights, karaoke & quiz nights, charity tennis tournaments, club tournaments and the finals day events tied to them.

We are a friendly, social club and pride ourselves on trying to be inclusive of everyone. We always welcome any input for social events.





# Safeguarding At RLTC

At RLTC we take safeguarding our members very seriously. We have two members of the committee who are qualified as Welfare Officers and all our coaches are LTA Accredited which means they have all the relevant first aid, DBS and safeguarding qualifications.

Our full policies can be found on the website but the following pages include a Statement regarding our safeguarding policy and details of our Welfare Officers and how to contact them.

The QR code below will take you to the safeguarding page of our website. Scan it with your phone camera.



# Roundhay Lawn Tennis Club Safeguarding Policy Statement

Roundhay Lawn Tennis Club acknowledges the duty of care to safeguard and promote the welfare of children and adults at risk. The club is committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and LTA requirements. A copy of the club's full safeguarding policy is available from the club website or Rosie Nicholl.

The club's safeguarding policy recognises that the welfare and interests of children and adults at risk are paramount in all circumstances. It aims to ensure that regardless of age, ability or disability, gender reassignment, race, religion or belief, sex or sexual orientation, socio-economic background, all children:

- have a positive and enjoyable experience of tennis at [insert name of club] in a safe and inclusive environment
- are protected from abuse whilst participating in tennis.

Roundhay Lawn Tennis Club acknowledges that some children, including disabled children and young people or those from ethnic minority communities, can be particularly vulnerable to abuse and we accept the responsibility to take reasonable and appropriate steps to ensure their welfare.

As part of our safeguarding policy Roundhay Lawn Tennis Club will:

- promote and prioritise the safety and well-being of children and adults at risk
- ensure everyone understands their roles and responsibilities in respect of safeguarding and is provided with appropriate learning opportunities to recognise, identify and respond to signs of abuse, neglect and other safeguarding concerns relating to children and adults at risk
- encourage and maintain a culture where people feel able to raise a genuine safeguarding concern and are confident that it will be taken seriously
- ensure appropriate action is taken in the event of incidents/concerns of abuse and support provided to the individual/s who raise or disclose the concern
- ensure that confidential, detailed and accurate records of all safeguarding concerns are maintained and securely stored
- prevent the employment/deployment of unsuitable individuals
- ensure robust safeguarding arrangements and procedures are in operation

The Club Welfare Officer can be contacted on: Lorraine Bowman - 07851686475

The club's policy and procedures will be widely promoted and are mandatory for everyone involved in Roundhay Lawn Tennis Club. Failure to comply with the policy and procedures will be addressed and may result in dismissal/exclusion from the club.

## Whistleblowing

Anyone who does not feel comfortable raising a concern with the Club Welfare Officer should contact the LTA Safeguarding Team directly on 020 8487 7000, the Local Authority Designated Officer (LADO) or the NSPCC on 0808 800 5000. Further details about whistleblowing can be found in the club's safeguarding policy.

## Monitoring

The club's safeguarding policy will be reviewed every two years, or sooner in the following circumstances:

- changes in legislation and/or government guidance
- as required by the Local Safeguarding Children Board or LTA
- as a result of any other significant change or event.

01/09/2020



TENNIS  
FOR BRITAIN

# WELFARE *Officer*



Name Lorraine Bowman

Contact 07851686475

Email [rltcwelfare@gmail.com](mailto:rltcwelfare@gmail.com)

## About Me

I have been a member of RLTC for over 15 years. I've played in the Ladies 1st team and Yorkshire League. I am semi-retired but have found myself working part-time in supporting schools around the school improvement agenda and improving outcomes for young people.

TENNIS WALES | TENIS CYMRU | LTA

Tennis SCOTLAND





**RLTC**  
**ROUNDHAY**  
TENNIS CLUB

# Deputy **WELFARE** *Officer*



Name Rosie Nicholl

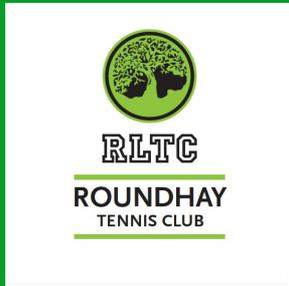
Contact 07709338868

Email [rlicwelfare@gmail.com](mailto:rlicwelfare@gmail.com)

## About Me

I have been a member of RLTC for over 10 years, captaining the 1st mixed team for a number of these. My day job is a combination of being a musician, teaching in schools and CPD for primary music.





# The Committee at RLTC

There are 13 members of the committee with various roles, but all of us are happy to help should you have any questions. Look out for us on court!



*Lorraine Bowman*

Welfare Officer



*Rosie Nicholl*

Club President



*Angus Orde*

Vice President



*Lauren Whitaker*

Vice President



*Margaret Cliff*

Secretary



*Ann Sedivy*

Tournament Secretary



*Camala Marsh*

Social Secretary



*Emily Fearn*

Ladies Captain



*Kate Hill*

Social Media Co-ordinator



*Graham Bottone*

Membership Secretary



*Val Maycock*

Treasurer



*Katherine Stirling*

Junior Representative



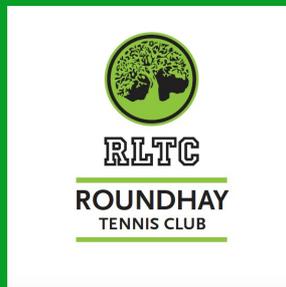
*Ben Jervis*

Mens Captain



*Joe Mellor*

Grounds Person



## Contacting Us

For enquiries please email [roundhaytennis@gmail.com](mailto:roundhaytennis@gmail.com) and then we can direct your question to the relevant person.

For coaching enquires please get in touch with Paul Johnson via either [roundhaytccoaching@icloud.com](mailto:roundhaytccoaching@icloud.com) or by phone 07747 503338. There is also lots of information on the coaching page of the website.

<https://www.roundhaytennis.org.uk/coaching>

You can also get intouch with us via any of our social media channels.

For the clubs T&C's please visit the website or scan the QR code below.

